

Office # 615-972-1100 | Fax # 615-537-4950

Hendersonville Medical Center location 353 New Shackle Island Rd Suite 148C Hendersonville, TN 37075 Skyline Medical Center location 3443 Dickerson Pike Suite 730 Nashville, TN 37207

Your appointment is scheduled on: \_\_\_\_\_\_ arrive at time:

(if you are 15 minutes or more late for your appt, you may be asked to reschedule)

Dear Patient,

Thank you for choosing Interventional Pain Center for your pain needs. Bring the following items to your new patient visit.

- $\Box$  New patient paperwork
- $\Box$  Insurance card(s)
- □ Current driver's license or state identification (you will not be seen without valid identification).
- $\Box$  List of your current medications.
- □ Please call us 24 hours in advance if you are unable to make your appointment.
- □ If you need assistance via wheelchair, please bring someone to assist you along with a wheelchair, we do not provide this service.

**Directions once arriving at the Hendersonville Hospital**: The easiest way to find our office is to enter through the front door of Medical Office Building C. We are on the first floor and we are at the end of the hallway on the left in Suite 148C.

<u>Directions once arriving at the Skyline Medical Center</u>: The easiest way to find our office is to enter through the front door of Medical Office Building and take the elevator to the  $7^{\text{th}}$  floor Suite 730.

### Only the patient will be allowed in the exam room, family and friends must wait in the waiting area.

### For patients with small children:

We understand that you may not be able to find someone to watch your child/children while you are here with us. It is important that you are able to give your undivided attention while seeing our providers. We ask that you make the proper arrangements for someone to watch your children in order for us to best serve you at your visit with us.

Our hours of operation are 6:30am to 5pm, Monday through Thursday. If you have any questions, please give us a call at the number listed above. We look forward to participating in your care.

# Interventional Pain Center Patient Information

Patient Name:	_ Date of Birth:/ Age: $M\Box \mid F$							
Address:	City/State/Zip:							
Mailing Address (if different from above):								
Home Phone:	Work Phone:							
Cell Phone: Email Address:								
Employer Name:	Employer's Phone #:							
Employment status: FT $\Box$   PT $\Box$   Retired $\Box$								
May we leave messages?								
At Home: $Yes \Box   No \Box$ At Work: $Yes \Box   No \Box$	o Cell: Yes $  No  $ Email: Yes $  No  $							
May we send text appointment reminders to	o your cell phone? Yes□   No□							
Emergency Contact:	Phone:							
	Phone:							
Primary	Insurance Information							
Primary Insurance Name:								
Policy #:	Group #:							
Policy Holder's Name:	Policy Holder's Date of Birth:							
Policy Holder's Social Security #:	Insurance phone:							
	Insurance Information							
Secondary Insurance Name:								
Policy #:								
Policy Holder's Name:	Policy Holder's Date of Birth:							
Policy Holder's Social Security #:	Insurance phone:							
IS THIS RELATED TO AN AUTOMO	BILE or WORKER COMPACCIDENT? Yes 🗆   No 🗆							
Auto? Yes□   No□ Workers Compensation	n? Yes□   No□							
If yes, please answer the following questions:								
	Claim #:							
Contact Person:	Contact Person's Phone:							
Date of Injury :								
5 5	—							
directly to Interventional Pain Center for all my any and all charges that exceed, or are not cover and non-covered services are due at the time of	hereby authorize the assignment of benefits (payments) y insurance claims related to services received. I agree to pa ered by my insurance. I understand that co-pays, deductibles f service. I authorize the release of any medical information with my insurance company. I permit a copy of this l.							

Signature of Responsible Par	ty:	Date:
Relationship if not patient:		

# Interventional Pain Center Authorization for the Release of Medical Records

Patier	nt's Name:	Date of Birth:
Socia	l Security Numb	er: Phone:
		TO: <u>615-537-4950</u> CLOSURE: Continuity of Care
psych medic	medical records iatric impairmer cal treatment. If	to release or disclose to the above-named entity all , including any specially protected records, such as those relating to psychological or ts, drug abuse, alcoholism, sickle-cell anemia, or HIV infection for the purpose of rou do not want certain portions of your medical records released, please read this dentify the information you do not want released below:
		oply:  Past Dates of Service  Present Dates of Service  Future Dates of Service
-		led (to be completed by the provider/nurse):
	scharge Letter	Recent Progress Notes Other:
physi Autho *I und enroll *I und by fec emplo opera *I aut	cians, employee orization, I must derstand that I and liment or eligibility derstand that my deral privacy reg oyees' or agents' tions, or as other thorize IPC to re- eded, within the	t have any effect on actions taken by Interventional Pain Center (IPC) or its or agents before they received my revocation. Should I desire to revoke this send written notice to Interventional Pain Center. In not required to sign this Authorization. IPC will not condition treatment, payment, by for benefits on whether I provide this Authorization. records may be subject to disclosure by the recipient and may no longer be protected ulations. I understand that this Authorization does not limit IPC or its physicians', ability to use or disclose my information for treatment, payment, or health care wise permitted by law. puest records pertinent to my treatment from providers and other healthcare entities, ime this authorization is valid. This Authorization will expire a year from date of
Signa	ture of Patient/*	Representative**:
Printe	ed Name:	Date Signed:
Relati	onship, if not Pa	tient:
repro heal	esentative MUS th care, etc.). Fo te paperwork mu	tient's signature, a copy of legal paperwork verifying the patient's personal 'accompany this request (i.e. court appointed guardian, durable power of attorney for r a deceased patient, a death certificate coupled with executor or administrator of st accompany this request. Exception: Parents signing for a patient under the age of

### **Financial Responsibility**

Patient's Name: Date of Birth:

As your medical provider, our relationship is with you. Your insurance is a contract between you and your insurer, which may not cover 100% of your care. As a courtesy to you, we may obtain eligibility and/or benefit information from your insurance company and communicate this to you as well as file a claim for any services rendered. You are financially responsibility for the services rendered by Interventional Pain Center and agree to pay at the time of service. To protect your identity, you must present a valid insurance card and photo ID at each visit. You are also responsible to pay any applicable co-payments or past due balances at each visit.

Payments that you are responsible for include, but are not limited to any and all co-payments, coinsurances, and deductibles. You have agreed with your insurance company to pay these at each doctor's office visit. Additional diagnostic and therapeutic procedures may be subject to separate co-payments, co-insurances, and deductibles than your office visit. Check with your insurance carrier to determine how your benefits apply. Though Interventional Pain Center will attempt to determine and collect your payment responsibility at the time of service, you are responsible for any additional payment responsibilities determined after any claims are processed by your insurance company.

### **Referrals-HMO and POS Plans**

You are responsible for obtaining an authorization for examinations and treatments if required by your insurance company. Often separate referrals will be required for examinations, diagnostic tests, and procedures. Though we may attempt to assist you in obtaining a referral as a courtesy, it is your responsibility to have authorization on file with us before your visit. Without this the insurance company will not pay for your visit. Without a referral you have the option to receive services on a fee for service basis.

### **Keeping Your Account Up to Date**

It is your responsibility to inform us of any changes in your insurance, telephone numbers, and address. Please have your insurance card available at all office visits. Insurance companies give us ninety (90) days to file a claim. Therefore, if we bill the wrong insurance carrier because you failed to provide the correct information, the visit will be your responsibility.

Accounts ninety (90) days or older may be turned over to a collection agency. You may also be given notice legally dismissing you from our practice and be asked to find another physician. You agree to pay all reasonable attorney fees and collection costs in the event of default of payment.

### Forms

Your insurance doesn't cover forms completed by the provider that may be required by you in collecting disability benefits or maintaining employment. Our fee is \$20.00 per page.

Returned checks: \$50.00 charge for all returned or cancelled checks.

**Release of Medical Records:** \$20.00 charge for copies up to forty (40) pgs, each additional page is \$0.25 cents.

I have read and understand all the information on this financial policy. I agree to its terms and to the assignment of benefits and release of information described above. With my signature I am also authorizing medical treatment to be performed by Interventional Pain Center.

Responsible Party Signature: \_\_\_\_\_ Relationship if not patient: \_\_\_\_\_

Date:

### Authorization for the Use and Disclosure of Protected Health Information

Patient's Name: \_\_\_\_\_ Date of Birth:

Federal law states that we cannot share your health information without your permission except in certain situations. If you sign this form you are giving us permission to share the information you indicate below. If you decide later that you do not want us to share your information, you may revoke this authorization at any time in writing.

I give Interventional Pain Center permission to share the health information below with the following person or group:

Purpose for which disclosure is authorized (Examples are: for my health condition or at the request of the individual):

Describe the specific information that you want to be disclosed and the time period that this authorization should cover (Examples are: information on my back surgery in April 2006):

Information:	
Time Period:	То:

If you do not enter a date, then this authorization will not expire until you inform us otherwise. I understand that the information described above may be re-disclosed by the person or group that I hereby give Interventional Pain Center permission to share my information with, and that my information would no longer be protected by the federal privacy regulations. Therefore, I release Interventional Pain Center and its workforce members from all liability arising from the disclosure of my health information pursuant to this agreement.

I understand that I may request copies of any information disclosed by this authorization. I understand that I may revoke this authorization by notifying Interventional Pain Center in writing, with the understanding that previously disclosed information would not be subject to my revocation request. I understand that I may refuse to sign this authorization and that my refusal to sign will not affect my ability to obtain treatment.

Responsible Party Signature:	Date:	
Relationship if not patient:		

(Attach documentation that you are a personal representative, for example: authorization form, durable power of attorney, court order, guardianship documents).

# **Notice of Privacy Practices Acknowledgement**

I have read and may request a copy the notice of privacy practices and I have been provided with an opportunity to review it. The Notice of Privacy Practices is displayed in the waiting room and beside the check in and check out desk.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### No Show Policies and Procedures

Patient's Name:	Date of Birth:	
I attent 5 Ivanie.		

The medical staff at Interventional Pain Center is here to provide a comprehensive approach for your spine and musculoskeletal problems with use of physical therapy, therapeutic spinal procedures, orthotics, and medication management. It is our intention to assist with rehabilitating every area of physical injury by utilizing our professional and experienced providers to care for your entire being and not just treating the symptoms. Our goal is to improve your ability to function independently and also to increase your quality of life. It is your responsibility to comply with our facility's policies and procedures by keeping all of your scheduled appointments.

\*Our policies and procedures require 24 hours of advanced notification to be given prior to the cancellation of your scheduled appointment or it is considered a "no show". Not showing up to your appointment as scheduled represents a cost where other patients could have been seen at that time. A \$25.00 fee will be charged for the first missed follow-up appointment. A \$50 fee will be charged for the second missed follow-up appointment. A \$75 fee will be charged for the third and all subsequent missed followup appointments. A <u>\$100 fee</u> will be charged for any procedure appointments.

\*We will not prescribe any controlled substances, especially narcotics, as policy if you are non-compliant with any aspect of your treatment plan.

\*Your referring physician and insurance company may be notified of non-compliance.

\*Non-compliance with this policy may result in immediate discharge.

### **Payments**

Co-Pays: To be paid on the day services are rendered.

Self-Pay Patients: Payments must be made in full at time of service unless arrangements have been made. Per Tennessee State guidelines, we are not allowed to accept cash or money orders from self-pay patients. Therefore, your payment must be made using a credit/debit card or prepaid credit card.

Payments: Payments are due on or before your next scheduled appointment. If your account is sent to collections, you will not be re-scheduled for future appointments until your balance has been paid in full.

### **Prescription Refills**

Call your pharmacy and have them fax a request for refills on non-narcotic medication. Narcotics/opiates can only be refilled at office visits and at the discretion of the provider. Lost or stolen narcotics/opiates will not **be replaced**. Losing your prescription or having your medication stolen is not considered an emergency. Your signature is an acknowledgement of your understanding and agreement with these policies.

Your signature is acknowledgement of your understanding and agreement with the policies listed above.

Responsible Party Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship if not patient:

## Interventional Pain Center - Patient History

Patient's Name:	Date of Birth:						
Marital Status: (Check one) Single Married Separated Divorced Widowed							
<b>Primary Langua</b>	ge:	Race			Ethnicity:		
Who do you live with:	□ Spouse	□ Spouse & children	□ Children	□ Parents	□ Alone	□ Friend	
Work status:	□ Employed full time	□ Employed part time	□ Unemployed	□ Retired	□ Short term disability	□ Long term disability	
Tobacco use:	🗆 No	□ Yes	Years		Packs per day		
Alcohol use:	□ No	□ Rarely	□ Occasionally	□ Regularly			
Street drug use:	🗆 No	□ Yes					

# Medical History and Family Medical History (Please place an "X" in all that apply):

Disease	SELF	Mother	Father	Brother(s)	Moms Mom	Moms Dad	Dads Mom	Dads Dad	Comments
No significant history known									
Addiction									
Alcoholism									
Anxiety									
Arthritis OA/RA									
Asthma									
Bowel Disease									
Cancer									
Cirrhosis									
Coronary Artery Disease									
Depression									
Diabetes									
Emphysema									
Gallbladder Disease									
Head Injury									
Heart Arrhythmia									
Heart Attack (MI)									
Hepatitis									
Hiatal Hernia									
High Blood Pressure									
High Cholesterol									
Kidney Disorder									
Migraine Headaches									
Multiple Sclerosis									
Muscle Disorder									
Osteoporosis									
Pancreatitis									
Peripheral Nerve Disease									
Prostate Disorder									
Reflux									
Seizures									
Sleep Apnea									
Spine Disorder									
Stroke									
Ulcers									
Vascular Disease									
Other									

Past Surgical History (Please list all surgeries you have had and date it was performed):

### Medications: List ALL of your current medications: If no medications, check here:

Medication Name:	Dosage: (ie. mg)	Frequency: (times per day)	Route: (i.e. Pill, Patch)

### Allergies: If no known allergies, check here: $\Box$

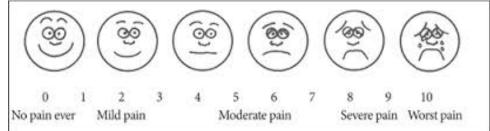
#### Review of Systems (Please check all that you are currently experiencing):

Cardiac:	□ Abnormal EKG	Congestive failure	□ Chest pain	□ Murmur
	Irregular heartbeat	$\Box$ High blood pressure		
Endocrine/	□ Abnormal blood sugars	□ Bruising easily	□ Bleeding	
Hematological:				
Gastrointestinal:	$\Box$ Bowel control loss	□ Appetite loss	$\Box$ Constipation	🗆 Diarrhea
	□ Chronic nausea	🗆 Heartburn		
General:	□ Night sweats	□ Weight loss	□ Fevers	□ Fatigue
		Weight gain		
Genitourinary:	□ Painful urination	□ Irregular bleeding	Testicular pain	□ Pregnancy
	□ Bladder control loss	□ Enlarged prostate	$\Box$ Blood in urine	
Head:	□ Teeth/gum problems	□ Hearing loss	$\Box$ Vision loss	□ Sinusitis
	□ Headaches	Facial pain		
Musculoskeletal:	Joint Pain	□ Muscle spasms	🗆 Neck pain	Back pain
Neurological:	□ Vertigo/dizziness	□ Drowsiness	□ Blackouts	□ Tremors
	□ Seizures	□ Weakness	□ Numbness	
Psychiatric:	□ Depression	□ Panic attacks	$\Box$ Anxiety	🗆 Insomnia
Respiratory:	$\Box$ Shortness of breath	$\Box$ Chronic cough	□ Wheezing	□ C-Pap
	□ Home oxygen use	□ Sleep apnea		
Skin:	□ Rash			
Vascular:	Poor circulation	□ Current clot	$\Box$ Swelling in legs	

### **Interventional Pain Center Conservative Therapies Questionnaire**

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Please circle a number below that describes your average pain level:



#### Please indicate those activities that INCREASE your pain: (check all that apply)

- □ Work
- $\Box$  Activities around the Home
- $\Box$  Physical activities
- □ Physical Therapy
- □ Travel
- $\Box$  Walking
- $\Box$  Standing
- □ Sitting
- □ Resting (Breaks in activity)
- □ Bending
- $\Box$  Lying flat or on affected side
- □ Medications
- $\Box$  Sleep-related factors
- □ Other:

#### Please indicate those activities that DECREASE your pain: (check all that apply)

- □ Walking
- $\Box$  Standing
- □ Sitting
- □ Resting (Breaks in activity)
- $\Box$  Sleeping
- □ Bending
- $\Box$  Lying flat
- $\Box$  Elevating the affected area
- $\Box$  Non-weight bearing
- □ Using a brace for support
- □ Application of heat &/or cold compresses
- $\Box$  Injections
- $\Box$  Physical therapy
- $\Box$  Relaxation exercises
- □ Medications
- $\Box$  Positional changes
- □ Massage Therapy
- □ Other:\_\_\_\_\_

### Do you take any of the following anticoagulants? (check all that apply)

- □ Coumadin (Warfarin)
- $\Box$  Aspirin
- □ Heparin
- □ Plavix (Clopidogrel)
- □ Eliquis (Apixaban)
- □ Xarelto (Rivaroxaban)
- □ Brilinta (Ticagrelor)
- □ Fragmin (Dalteparin)
- □ Lovenox (Enoxaparin)
- □ Ardeparin (Normiflo)
- □ Orgaran (Danaparoid)
- □ Other:\_\_\_\_\_

### Have you tried any of these conservative therapies:

- □ Acupressure
- □ Acupuncture
- □ Chiropractors
- $\Box$  Injections to the affected area
- □ Physical or Occupational Therapy
- □ Home Exercise Program
- □ Application of Heat &/or Ice
- $\Box$  Massage therapy
- $\Box$  Medication therapy
  - $\Box$  Narcotic pain meds
  - □ Topical Creams/Patches
  - □ Nerve Pain Meds (Gabapentin, Lyrica, Duloxetine/Cymbalta)
- □ Nerve stimulation / TENS
- $\Box$  Relaxation
- □ Psychotherapy
- □ Surgery
- □ Biofeedback
- □ Other: \_\_\_\_\_

Have you tried the following NSAIDS to help relieve your pain:

- □ Ibuprofen
- $\Box$  Aleve
- $\Box$  Advil
- □ Naproxen
- □ Celecoxib (Celebrex)
- □ Toradol
- □ Indocin (Indomethacin)
- □ Meloxicam (Mobic)
- □ Other:\_\_\_\_\_

# Patient Signature:

# **Screening Tools**

Name:	_ Date of Birth:	Too	day's Date: _		
1: Patient Health Questionna Over the <u>last 2 weeks</u> , how often have you been bothered by any of the following problems? (Use "√" to indicate your answer)	ire – (PHQ-9) Not at all	Several Days	More than half the days	Nearly Every Day	
1. Little interest or pleasure in doing things	$\Box 0$	□ 1	□ 2	□ 3	
2. Feeling down, depressed, or hopeless		□ 1	□ 2	□ 3	
<b>3.</b> Trouble falling or staying asleep, or sleeping too much	$\Box 0$	□ 1	□ 2	□ 3	
4. Feeling tired or having little energy	$\Box 0$	□ 1	□ 2	□ 3	
5. Poor appetite or overeating		□ 1	□ 2	□ 3	
<b>6.</b> Feeling bad about yourself — or that you are a failure or have let yourself or your family down	□ 0	□ 1	□ 2	□ 3	
7. Trouble concentrating on things, such as reading the newspaper or watching television	□ 0	□ 1	□ 2	□ 3	
8. Moving or speaking so slowly that othe people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	- 0	□ 1	□ 2	□ 3	
<b>9.</b> Thoughts that you would be better off dead or of hurting yourself in some way	□ 0	□ 1	□ 2	□ 3	
ado	l columns: <u>0</u>	+	+ Total S	+	
If your total score is 5 or above, you may be suffering from clinical depression. We recommend you discuss this with your primary care physician.					
2: Smoking Status Please mark the answer that describes you best					
□ Current every □ Current son	_	□ Never	□ Heavy	∠ □ Light	

# 3: Fall Risk Assessment (For patients 65 and older)

day smoker smoker

Please Circle your answer next to each question	
Have you fallen in the last 6 months?	$\Box$ Yes   $\Box$ No
Do you have neuropathy or weakness in your legs?	□Yes   □No
Do you use a cane or walker?	$\Box$ Yes   $\Box$ No

If you circled yes to any of the above, we recommend you discuss falls prevention with your primary care physician and consider physical therapy.

smoker

Tabacco

Tabacco

### 4: Blood Pressure and BMI

day smoker

We recommended all our patients have their blood pressure and weight regularly monitored by their primary care physician.